

What would you do if you woke up in the middle of the night and saw a spirit?

By **Mel Currier** - March 31, 2017



The first time I saw a spirit, I didn't know who they were or how they got in our house, so it was a little eerie. They visit so frequently now that it no longer surprises me.

My mother had a great interest in the paranormal, so terms like "extra sensory perception" and "ghosts" were normal from an early age. Talking about the "other side" and actually seeing a spirit "in person" are two different things though.

Visit after visit, the ritual is always the same. Usually between the hours of 12:00 a.m. and 3:00 a.m., the spirit (always just one) visits me either in my bedroom or in the living room when I am asleep on the recliner. When I wake up and see them, they become aware that I am looking at them and disappear. Sometimes they disappear by walking through the furniture and sometimes they disappear into thin air like a bubble bursting. I see them just long enough to remember what they look like.

They have all been friendly and I get good vibes from their visits. Most of the time I see them in vivid colors and they are usually busy doing something. Interestingly, I have never seen the same spirit twice.

Recently they are getting bolder. One Pippi Longstocking-type with pigtails sat with her legs crossed in front of me, waved and said "Hello!" Another young woman said "Hi!" and one man wearing a jacket stood right next to me with his arms stretched out as if to welcome me. I haven't responded to any of them because they disappear before I can say or do anything.

Some of my other recent visitors were a smiling grandmother type with her gray hair in a bun, a black haired young man focused on walking through my living room, a girl wearing camouflage bermudas and cap looking down and a man with blond hair in the distance looking straight ahead.

It reminds me of the time several years ago when I woke up around 5:00 a.m. To see an angel hovering over my bed. She had sandy blonde hair, large white wings and wore an aqua gown. The moment I saw her, she quickly disappeared. The sight of her was so awesome all I could say was "WOW!"

It may sound interesting or exciting to have spirit visitations, but it can get annoying when happens nearly every night. So before I go to sleep, I may ask them not to visit me. They won't visit the night I make the request, but will visit a day or two later.

I asked my psychic who they are and why this is happening. She told me they are people who have died, but I do not know them. They are visiting me because I am open to all things paranormal and that they are also drawn to the fact that I am a writer.

The common thread to spirit visitations is that they always visit at night and when a person is alone and sleeping. If you want a spirit to visit you, I suggest just before you go to sleep to send a mental message to them asking them to visit. Then keep an open mind and be patient. It's probably hard for you to imagine, but once the visitations start, you may discover that they come too often and, like me, you will want to ask them to stop. As the old saying goes – be careful what you wish for!

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Melodee Currier lives in Dublin, Ohio. She left corporate America in 2008 where she was an intellectual property paralegal. Since then she has devoted her time to writing and has had numerous articles published on a wide variety of topics. Her articles can be read on her web www.melodeecurrier.com.